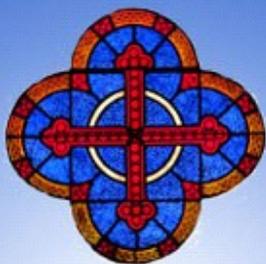


St. Paul's



ST. PAUL'S EPISCOPAL CHURCH
OCTOBER 2013

The Messenger

A Message from our Senior Warden

Alleluia! Alleluia! Alleluia! Alleluia!

The Rev. Carolyn Eklund has advanced her arrival date at St. Paul's and will preach and celebrate on Sunday, October 27. On October 25 and 26, she will attend the Diocesan Convention with our delegates to meet as many people in the Diocese as possible and to begin to understand the workings of the Diocese.

In addition, we will celebrate in the near future the achievements of three people in our parish family. The Rev. Chick Carroll was honored by the Association for Episcopal Deacons in June for his tireless work for the homeless. The Association gives only a single award in each three-year cycle, highlighting that Chick's work is truly remarkable.

WCSH TV, Channel 6 in Portland, annually honors "Six Who Care", those in the area who serve our community in outstanding ways. In 2012, Dick Trub, a long-time volunteer at the Maine Medical Center, was honored for that wonderful work. Later in October, Bunny Fazekas will be honored for her dedicated work for the homeless at The Gathering Place.

Four reasons for shouting Alleluia! Alleluia! Alleluia! Alleluia! and... Amen. Amen. Amen. Amen.

In peace,

Terry

Terry Leitzell
Senior Warden

Inside this issue:

What makes a good hymn?	2
From the Gathering Place	2
What's in A Name?	3
Liter of Light —Earthcare Commission	4
Adult Christian Formation What's on Tap for October?	5
An Opportunity to Help	7
Birthdays & Anniversaries	7



Blessing of the Animal

*In Honor of
St. Francis' Day*

Sunday, October 6, 2013

*During the
9:30 Family Service*

What makes a good hymn?

What do you think makes a good hymn? For me, it's resonating.

Resonating literally means to re-sound, to echo, or reverberate. Hymns often resonate within my body, whether through actually singing (humming, whistling) them, or just "hearing" them in my head. They have a way of sticking with you that mere words can't match. Sometimes it can be simply one line that contains the whole universe in a nutshell!

Here are a few that come to mind:

- "Ransomed, healed, restored, forgiven, evermore his praises sing"
- "Love so amazing, so divine, demands my soul, my life, my all"
- "The Spirit and the gifts are ours, through him who with us sideth"
- "O Lamb of God, I come"
- "they, with united breath, ascribe their conquest to the Lamb, their triumph to his death"

But it's the resonating tunes that go with the resonating words of prayer and praise that really make this stick, I think. Do you have lines like these in your heart? If you do, you know the great joy and encouragement they often bring, whether worshipping together Sunday morning, or as you go about your daily activities. Keep your heart and mind open and pray that God reveals more and more such lines to you as you worship. Seek to truly say alleluia, amen! with the hymn writer who, looking to the eternity before him, affirmed: "When we've been there ten thousand years, bright shining as the sun, we've no less days to sing God's praise, than when we'd first begun!"

I'm curious: send me your own favorite hymn line! If it works for you, sharing may be an encouragement to others as well.

--Bob Judd,



From the Gathering Place

Bunny Fazekas has won an award for "The Six Who Care" given by Channel 6 WCSH Portland. She was nominated by a guest, Linda Meranda (aka. "Queen of the Mooses"). Ed Bradley, one of our founders, completed the application process.

Bunny feels that not only is this quite an honor, but great publicity for The Gathering Place. She hopes to inspire other communities to create a warm safe place to be.

Channel 6 made a video about her involvement with TGP and it will be shown at The Award Ceremony, October 21, at the Portland Museum of Art, along with those of the other award recipients. Then each night beginning October 22 one

person will be featured on their 6 o'clock news. You can watch the whole program Saturday, November 9, at 8:00 p.m. on Channel 6 WCSH. Tune in.

In addition to the award, each winner receives \$1,000 for the charity of their choice.

The Gathering Place has guest who would love to be hired at \$10 per hour to help do your yard work this fall. Please call 729-0288 (Mon., Tues., Thursday., Fri. 9:00 a.m. -3:00p.m.)

Bunny Fazekas
The Gathering Place

What's in A Name?



Emily Keniston
Christian Formation
Director

As many of you already know, our youth groups are discontinuing their use of the Journey to Adulthood (J2A) and Rite 13 curricula this year in favor of forging their own way into spiritual learning. Each group has been charged with the task of defining their purpose as a group, identifying projects and areas of study that

interest them, and re-naming themselves in light of their chosen path.

Perhaps this sounds like a simple, straightforward task for our youth to accomplish?

Not really.

We likely already know how difficult it can be to define one's purpose, and even how hard it can be to choose a path once that purpose is identified. But what about the importance of a name? Shouldn't that be the easy part? Jesus didn't think so.

In the gospels of Mark and Matthew, we read about Jesus asking his disciples the question, "Who do people say the Son of Man is?" and they respond to him by saying that some believe it to be John the Baptist, others Elijah or Jeremiah. Undeterred, Jesus then asks "...who do you say that I am?" They don't simply answer him with, "well, you're Jesus." Instead, Simon Peter describes him using names: "Messiah," "Christ" and "Son of the Living God" (depending upon which version of the Bible one uses).

What are we to learn from this? Perhaps that much depends upon a name. The way we present ourselves to the world is uniquely expressed by what we call ourselves, and often what we stand for and stand by is expressed as well. Jesus knew he was the Son of God, but it was important for Him to know that his followers could call him as such, knowing it to be true. He had to live these names to show others the truth in them.

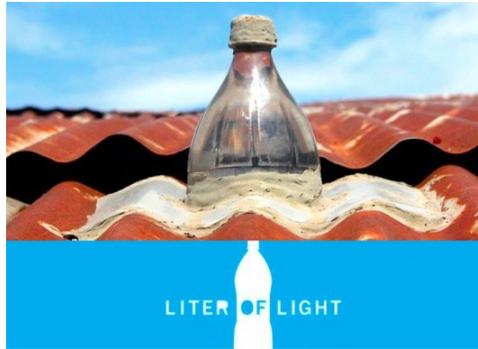
In some respects, our youth groups are charged with the same challenge: to develop an idea of themselves, and to then present themselves in such a way to the world around them that those who do not yet know the teens in our parish will understand their place and purpose as seekers of faith. They must be able to live their name.

I write this after hearing four of our teens share their experiences in Iona last June, and I see clearly some of their values and beliefs expressed through their eloquent discussion of the pilgrimage. But what I see isn't so important. It's what they see that defines them, and what they believe that will drive them forward through the difficult questions about God, life and eternity they are sure to encounter on their journey.

A name isn't random. Our teens are working diligently to develop a living name, a purpose in the world. Please join me in asking these teens as they seek to respond to Jesus' question "who do you say that I am?": "Who do you say you are?" It may help to bring them to a conclusion about their name, and it may bring us some clarity about our own spiritual journey.

Although I have just discovered The Liter of Light program, it has been successfully ongoing for several years. At least fifteen countries in Asia, South America, Africa, and Europe are finding it a very easy method, requiring almost no investment, to light up slum housing, shanty towns and other poor sections. In the Philippines and some poor countries Liters of Light are being used to light up schools and other public buildings as well as private homes. The Liter of Light programs started as a means to help and encourage impoverished indigent people eager to learn to get an education. The Liter of Light program is a very economical program involving recycling, saves energy, is environmentally friendly, and is a zero carbon emitting method of providing indoor day time light. Only hand tools are required to create and install a Liter of Light fixture. People of at least eleven countries in four continents are involved in the program.

The basis for this program is a 1.5 liter cast off clear plastic pop bottle filled with purified water (the type used in car batteries), and some bleach added. The bleach prevents algae from growing in the water that would turn it green. The top is tightly screwed back on . That is all that is necessary to create a reflective light source! A small brace, made with hand tools, is attached to the middle of the bottle to hold it snugly to the roof so the top shows about the roof, the bottom show below the ceiling. A small simple hole is made in the roof. The bottle is inserted in the hole in the roof, the top up. The brace is attached to hold the light fixture firmly to the ceiling. The top of the bottle catches sunlight, the bottom of the bottle hanging from the



ceiling reflects the sunlight into the room providing a light value equal to a 55 watt electric bulb. The Liter of Light will last for five years needing no further attention if properly installed. This is a simple, practical, economical way to brighten a dark kitchen, work room, shop, school, library, or an office. Some people have successfully experimented by attaching two, three or more cast-off bottles together where increased “wattage” is needed. I feel that some Maine people in our cities and especially rural areas could make good use of this method of lighting that recycles common place objects normally trashed and send no carbon into the atmosphere.

More experimentation is taking place. A collection of clear plastic milk bottles can be the basis of a heat transfer system having all the plusses of the Liter of Light. We pride ourselves on our hi-tech systems but we should also credit the clear cast-off plastic bottle system that is environmentally– friendly creating no carbon in the atmosphere.

Nicholas Smith



Adult Christian Formation—What’s on Tap for October?

What a great start we’ve had this fall! All three Bible groups are off and running, and the first small group on Dwight Zscheile’s book, *People of the Way: Renewing Episcopal Identity*, is well underway with 17 people signed up. And there’s more to come in October.

Forum

Faith and Being Disciples, a forum facilitated by the Rev. Bob Patterson, will be held on two Sundays, October 20 and 27, from 9:30-10:15 in the Great Hall.

In the whirl of a world largely rooted in technology, information, and efficiency, what does *faith* mean? What connection, if any, is there between faith and deliberate discipleship? Golda Meir once observed, “When principle runs up against pragmatism, inevitably pragmatism wins.” Does it have to be that way is a question any serious disciple must face.

All are invited to join Bob in the search for an authentic response to the call to discipleship in ways that honor tradition and learn from it, but are not bound by it. Explore with him the issue of how we can develop a living faith that can deal with life’s tough challenges with integrity and authenticity.

As preparation, it is suggested that you read and reflect on The Baptismal Covenant (*The Book of Common Prayer*, pages 304-306).

Two Small Groups

1. Parenting as a Spiritual Journey is designed as a six-Sunday small group (October 6, 13, 20, 27, November 3, and 10) from 10:15-11:00 in the Library. The time of the group is deliberately chosen to coincide with that of the children’s Sunday school.

Facilitated by Linda Ashe-Ford, this small group will be loosely based on a book of the same

title by Rabbi Nancy Fuchs-Kreimer. The orientation of the book is to invite young parents to consider how they can communicate moral values and mark sacred time with their children.

It is sometimes difficult to identify a spiritual component to parenting on a day that begins with rushing children out the door for childcare or school and ends with flopping into bed exhausted from another hectic day. For a job that is both ordinary and extraordinary, how can you re-envision your role as a parent to make it more spiritually fulfilling for you and your child? Through sharing and conversation, learn to discover the spiritual journey you take every day with your kids.

No preparation is needed to for this group, and there is no need to sign up in advance. Coffee, tea, and simple snacks will be available for this adult time together in an informal setting.

2. Faithing Our Practices will meet on four Thursdays (October 24, 31, November 7, and 14) from 4:00-5:30 in the Library and will be facilitated by the Rev. Canon Dick Hall.

The title of this small group claims its name from the title of Chapter 19 in Brian McLaren’s *Finding Our Way Again*, which some of you may remember as our Lenten study book two years ago. This brilliant turn of phrase comes from McLaren’s belief that the natural outcome for a people who call themselves Christians is to be Christ in the world. As McLaren puts it, “The purpose of the ancient way and the ancient practices is not to make us more religious. It is to make us more alive. Alive to God. Alive to our spouses, parents, children, neighbors, strangers, and yes, even our enemies.”

Do we, like St. Francis, see an incarnate world in which God is in all of creation? Do we, like Brother Lawrence, see God in everything we do? Have we caught God’s vision of the world?

(Continued on page 6)

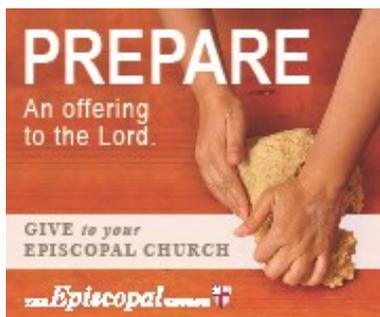
Adult Christian Formation—What’s on Tap for October? Continued

(Continued from page 5)

Do we seek to participate with God as co-creators (a word often used by the Rev. Martin Smith) in a world desperate to experience God’s presence? It’s not about making a longer to-do list. McLaren quotes a friend who interprets this to-do list as meaning “give more, read more, pray more, evangelize more, attend more, learn more, try more, work more, rest more, and fail less.” If we interpret McLaren’s meaning in that way, it’s no wonder we’re already feeling exhausted and stretched to the limit! No, it’s about “counting what we’re already doing” or, put differently, it’s about “mak[ing] the things we’re already doing [meaningful].”

McLaren concludes the chapter by saying, “The ancient way is about joining God in the spending of every day.” This small group will share the ways in which we are already finding God in our relationships, in our activities, and in the world. It will focus on our spiritual awareness and re-cognition of God’s presence in the world God created. As God filled the world with meaning, the meaning can fill us spiritually.

Please note that space in this group is limited. To sign up, please call the church office to speak with Susan Tyler.



Saturday Morning Workshop

Hypertexting will meet in the far end of the Great Hall on Saturday, October 26, 10-noon and will be facilitated by Jim Hornor. If we have a smaller-than-anticipated group, we will move to the Library.

Hypertexting is a way of approaching poetry, a Psalm, or any similar piece of writing that asks everyone present to focus on a word or phrase in the poem and to write about that word or phrase. The meaning of the poem is thus exponentially enriched by everyone’s participation in discovering all of the possibilities the text has to offer. Hypertexting evolved from *Lectio Divina*, which is the ancient Christian practice of meditating on a word or phrase from Holy Scripture, allowing the participant to internalize the Word. The workshop will allow us to discover the riches of hypertexting and to explore its relationship to *Lectio Divina*.

This workshop promises to be a fun, creative, interactive approach to uncovering meaning in a piece of writing. Perhaps you remember a sermon Jim Hornor gave about his reaction to experiencing Hypertexting. More recently, we were treated to two of his personal reflections on the recent teen pilgrimage to Iona, written in poetic form. One of them, “The Gates of Iona,” contains a couple of lines that may well serve as an invitation to this workshop: “To journey here is to find the thin path, . . . the caressing heart of God.”

No need to sign up in advance. Just come to enjoy a beautiful morning together.

Pam Nugent
Chair, Adult Christian Formation

An Opportunity to Help

The Reception Committee needs help from parishioners. As you most likely know, the Reception Committee provides a service to families at a time of need. We provide receptions following funerals or memorial services. The families receiving this service seem appreciative and relieved that they do not have to be concerned with providing hospitality at this emotional time.

Even though the committee has 20 to 25 parishioners who regularly contribute food donations, this is not nearly enough. We need more volunteers. If you enjoy baking, being creative with food or enjoy providing nourishment to others, we would like your help. A call for food donation is usually requested 2 to 5 days before the service is scheduled so the committee understands when someone is called and is not able to donate due to other commitments. Just because you receive a call from a representative from the committee does not

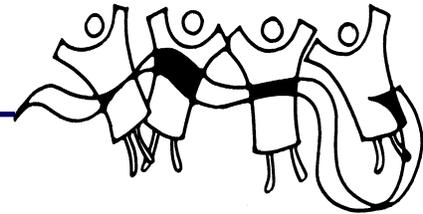
obligate you in any way. We do understand and the committee is quick to suggest “we can call you at another time” if we sense that your schedule is too busy at that time. We ask for donations of sandwiches, appetizers, desserts, cheese and crackers, fruit, and vegetables trays. We also need help with clean up in the kitchen particularly with the dishes.

On a personal note and due to my work schedule, I am not always available to organize a reception. I would like to hear from a person or group of people who may have an interest in organizing receptions in my absence. I would provide all the necessary training.

Please know that without additional help, memorial receptions as we know them may end. I look forward to hearing from you.

Bonny Labonte

for St. Paul’s Reception Committee



10/27 David Gardner
10/27 Adam Lindquist
10/28 Alison Kennedy
10/31 Linda Baker
10/31 Margaret Sumner

Happy Anniversary

10/17 Peter & Diane Munro,
10/26 Paul & Charlotte Loveless,
10/26 Peter & Susan McCracken,

Birthdays & Anniversaries

<u>Happy Birthday</u>	10/18 Chris Baker
10/02 Craig Rendell	10/18 Pat Forsyth
10/03 Louise McIntire	10/18 Al Hipkins
10/08 Abbie Van Doren	10/19 Samuel Dunning
10/10 Elizabeth Butler	10/20 Laura Lindquist
10/11 Tinker Barron	10/20 Julia Walkling
10/11 John McCurrach	10/20 Zachary Collins
10/14 Tracey Peck-Moad	10/21 Ursula Cobbs
10/16 David Hawkins	10/21 Gerlinde Rickel
10/17 Lynda Chandler	10/23 H.Martyn Owen
10/17 James McLoughlin	10/26 Angela Clegg
10/17 Hannah Kelley	10/27 William Gardiner

The Messenger is published monthly. With a combined July/August issue. It is emailed to the parish. Paper copies are available at the church for those who prefer them. It is also mailed to those who do not have email.

Please send submission for the November issue by the 20th of October. Articles may be emailed to stpauls@stpaulsmaine.org or placed in Susan Tyler’s box in the office.

**ST. PAUL'S EPISCOPAL
CHURCH
OCTOBER 2013**

27 Pleasant St.
P.O. Box 195
Brunswick, Maine 04011
Phone: 207-725-5342
E-mail: stpauls@stpaulsmaine.org

The Ven. Mary Lee Wile, Archdeacon
The Rev. Chick Carroll, Deacon
Terry Leitzell, Senior Warden
Pat Ryan, Junior Warden
Robert Judd, Music Director
Emily Keniston, Christian Formation Director
Susan Tyler, Parish Administrator
Diane Inman, Administrative Assistant
Kimmy Edwards, Nursery Caregiver
Lois Kwantz, Children's Choir Director
Aubrey Farmer, Sexton

We're on the web

www.StPaulsMaine.org

And Facebook



BLESSING OF THE ANIMALS

In Honor of St. Francis' Day

Sunday, October 6, 2013

During the 9:30 Family Service

All are welcome to bring pets, stuffed pets, photos or drawings of pets to receive a special blessing in honor of St. Francis of Assisi. We will hold our traditional Family Service, with an added emphasis on caring for the creatures who have been entrusted to us, asking God's help to serve them as members of our world and God's own creation.