

St. Paul's



ST. PAUL'S EPISCOPAL CHURCH
SEPTEMBER 2013

The Messenger

A Message from our Junior Warden:

As I write this, it is summer – and what a summer day! Eighty-five degrees, sunny, sort of slow and savory. When you read this issue of the Messenger, it will be fall, and if things are as they usually are, we will be feeling it in the air and there will be a bustle of activity, as schools start, people return from vacation, and we prepare for the seasons ahead.

It has just been in the last couple of weeks that things seem to have slowed a bit here at St. Paul's. Terry is taking a small vacation, we've had our daughters and our granddaughter visit, and others have enjoyed the same. Our St. Pauls' summer was busier than most, with an infusion of thoughtfulness and spirituality from our supply priests, as we have laid the final foundation for our new rector Carolyn to join us in early November. Our new Christian Formation Director Emily is becoming a familiar presence and is ready to start fall with an exclamation point! And our Adult Christian Formation Director Pam has put together a series of programs throughout the fall that should resound with each and all of us as we move forward.

When Bishop Lane spoke to us two years ago as we began the search for a new rector, he explained that any new priest would rather get on a moving train than one idling at the station. Our train is moving! And you can help it move along further. Talk to Emily about helping in teaching a class in Sunday school. Look at the brochure from Adult Christian Formation, printed copies available at the church or view on our website stpaulsmaine.org, detailing forums and classes. We are so thankful and blessed to have such fellowship here at St. Paul's.

Pat Ryan
Junior Warden

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Return to our
Regular Worship Schedule

Sunday

September 15th

8:00 a.m. Rite I

9:30 a.m. Family Service

10:30 a.m. Rite II

Thursday

Noon Eucharist

An Opportunity to Help

The Reception Committee needs help from parishioners. As you most likely know, the Reception Committee provides a service to families at a time of need. We provide receptions following funerals or memorial services. The families receiving this service seem appreciative and relieved that they do not have to be concerned with providing hospitality at this emotional time.

Even though the committee has 20 to 25 parishioners who regularly contribute food donations, this is not nearly enough. We need more volunteers. If you enjoy baking, being creative with food or enjoy providing nourishment to others, we would like your help. A call for food donation is usually requested 2 to 5 days before the service is scheduled so the committee understands when someone is called and is not able to donate due to other commitments. Just because you receive a call from a representative from the committee does not obligate you in any way. We do understand and the committee is quick to suggest "we can call you at another time" if we sense that your

schedule is too busy at that time. We ask for donations of sandwiches, appetizers, desserts, cheese and crackers, fruit, and vegetables trays. We also need help with clean up in the kitchen particularly with the dishes.

On a personal note and due to my work schedule, I am not always available to organize a reception. I would like to hear from a person or group of people who may have an interest in organizing receptions in my absence. I would provide all the necessary training.

Please know that without additional help, memorial receptions as we know them may end. I look forward to hearing from you.

Bonny Labonte

for St. Paul's Reception Committee



Gourmet Freezer Notes

As many of you know the Gourmet Freezer lost 4 committee members this past year: Joan Johnson, Ceci Coates, Carol de Bellefeuille, and Helen Greene. This means very simply that we need some new members.

There are so many different aspects of the GF team. We need:

- ◇ cooks for team cooking
- ◇ someone to shop for the ingredients for 1 cooking session
- ◇ people to receive food from parishioners the two days before the fair

◇ people to telephone former and new cooks

◇ fair day workers

So you see, it's not just cooking.



Do you feel YOU want to do more to support St. Paul's outreach program? Over the years, the GF has contributed over \$50,000.00 to outreach. Here is a great opportunity to see that that continues.

Come be a part of the 2013 Gourmet Freezer for St. Paul's Christmas Fair.

Call Pat Forsyth 729 4468

Adult Christian Formation—What’s on Tap for September?

The Adult Christian Formation Committee is very excited about the programs we have planned for September through November. A special booklet is being prepared that will give you a good overview of the next three months, but let me take the opportunity to alert you to the programs that are starting up in September.

Bible Study Groups.

All three Bible study groups, which meet in the Library, will resume in September: Wednesday evening Bible Study—begins September 11, 5:30-6:30; Exploring the Word—begins Sunday, September 15, 9:30-10:15 Tuesday Afternoon Bible Study—begins September 17, 12:30-1:30. It is no accident that the groups vary in format and in meeting time. We hope you will find one that is a good fit for you. If you haven’t tried any of them yet, you are warmly invited to do so. Each group welcomes new members as well as people just trying it out for size. None of them require any familiarity with the Bible; we’re all learners. If you have any questions, you may speak with Pam Nugent about the Sunday and Wednesday groups and Jane Johnson about the Tuesday group.

Small Group.

People of the Way: Renewing Episcopal Identity is a four-week small group open to 14 people. Facilitated by the Rev. Chick Carroll, it will meet on Mondays, September 16, 23, October 7, and 14 at 4:00-5:30.

The group will focus on Dwight Zscheile’s challenging and encouraging book *People of the Way: Renewing Episcopal Identity*. The book will be augmented by two documentary films that, together with the book, expose and explore some of our unconscious assumptions of Episcopal cultural superiority. These assumptions may get in the way of truly ministering to others. Based on a solid theological foundation that is easy for

laypeople to understand, the author’s ideas are focused and clear, and pose questions for us all.

The author’s solution to shrinking Episcopal authority and influence is biblical and straightforward. He accepts the fact that increasingly, in an unchurched culture, we need to move out into the world and cannot simply accept that the unchurched will move into ours. “We will need to discover what it might mean for us to claim the identity of *disciples*, not mere members of an institutional church, in ways that resonate with our values, commitments, and gifts.” As the author predicts, “Without renewed discipleship . . . it’s hard to envision much of a future.”

And the vibrant future Zscheile envisions rests not on clergy, but on the ministry of the laity. As a critique of what hasn’t been working, he states, “[F]or the most part, churches have not been organized around supporting the ministry of lay disciples in daily life. The focus has instead been church-centric—on what lay people can do to sustain the church’s institutional ministry, . . . not on what the church can do to sustain and nourish lay disciples’ ministries in the world, which is where God primarily needs them.” It is on the ministries of lay people that the future will depend!

The ideas and concepts introduced by the author and in the films are easy to understand but may be challenging to accept. Bishop Lane has been promoting this book as a way of looking at our spiritual and religious lives in ways that we will find exciting even as they are challenging.

If you are interested in joining this small group, please speak with the Rev. Chick Carroll or Susan Tyler in the church office to sign up. Space is limited.

Pam Nugent
Chair, Adult Christian Formation



Emily Keniston
Christian Formation
Director

Change. Growth. Opportunity. These are all words you've probably been hearing a lot around St. Paul's lately, and rightly so. We are in a unique time and space to embrace change on a variety of levels, to reinvent ourselves and our commitment to God in light of that.

Fall is traditionally a time of transition in our culture, with children returning to school and the seasons changing. Things at St. Paul's will be no different. Our youth groups, formerly known as Rite 13 and J2A, will be asked to rename themselves this fall to mark a new era in their development and their transition into adulthood. Our younger children will be presented with new opportunities to share in community service with their families, fostering intergenerational relationships within our parish and continuing efforts to "push back" our borders as a church. Parents and guardians at St. Paul's will be invited to participate in a group designed to support them in raising spiritual kids in a secular world, and will build a community of sharing through that experience. There may even be additional changes and ideas that become part of our church experience as the year unfolds and new needs present themselves. What an exciting time to be part of this parish!

Some will view change this fall as challenging, while others will revel in it. Regardless of what lies on the road ahead, and our personal feelings toward change itself, it will be important for us to embrace these new times together as a community centered in

Christ. I invite you to hold hands, whether literally or proverbially, with those around you as we explore what God has in store for us over the coming months and years. September 15th, our first day of Sunday School, will be a perfect opportunity to do just that: marked this year as an "open house" when we will invite whole families, friends, and newcomers of all kinds to share in our excitement and anticipation of the year to come. Please consider attending, and inviting someone you know along, as it is sure to be a special event!

In the Family Service, we currently sing a song called "We Are the Church," the lyrics of which seem constantly on my lips and in my heart of late: "I am the Church, you are the Church, we are the Church together," it proclaims, "All who follow Jesus, all around the world, we are the Church together!" The message seems especially relevant as the congregation at St. Paul's welcomes new faces (my own, Carolyn Eklund's, and still others' whom we do not yet know) and new ideas. Although there is newness and perhaps a degree of uncertainty for us all as we approach fall, we collectively comprise our Church- each and every one of us- and we will support each other in love and faith as we embrace our new opportunities this season and beyond.

Mark Your Calendars!

Sunday School Teacher Meeting

Sunday, September 8th

After church in the library. Followed by a training session for new teachers and those who would like a refresher.

September 15th

Sunday School Open House

Water is perhaps the greatest gift that our Creator has given us to enjoy. A look at the growth of our ever-green trees and other plants shows how they have benefitted from the early abundance of rain this summer. I recall as a teenager a fine weather routine. In summer rain came regularly once a week. It was easy to plan our outdoor activities and shopping time a week in advance. Gardens thrive, but additional water was added when we thought that it was necessary. Generally everything seemed in balance with the exception of late summer or early fall hurricanes. These storms with excessive winds were a way that nature pruned forest trees that were far out of reach of nursery staff. From the point of view of a young teenager, the weather routine seemed to fit well with a boy's summer plans.



still untouched by industry or chemicals. One could dip a cup in the clear cold water on the side of the canoe and quench one's thirst. In many places on the side of the canoe trails as well as the old gravel roads there were springs of excellent refreshing water. There usually was a tin cup attached by a chain or loose for a passerby to enjoy a cool invigorating drink. The roadside springs usually included a trough for horses to drink from while his master also enjoyed the Creator's gift passing the cup on to each person in the group to drink from. My grandchildren find it hard to believe that there were such times and conditions.

Presently the practice of fracking looms on the horizon. Many, who see this process just as a means of obtaining cheaper gas say, "Go to it."

Some years ago the huge Hoover Dam was constructed. The purpose was to provide electricity to farmers in a large area of the Tennessee Valley. What the planners did not foresee was that the rivers and streams whose courses were changed to flow into the Tennessee River would prevent needed water from stabilizing the water table for the farm crops. What once was magnificent farmland has economical electricity but no longer has sufficient water to support the growth of farm crops. The dam builders do not understand their folly and want to enlarge the Hoover Dam completely neglecting the needs for water for the once rich agricultural area.

Each generation seems to have its unique threat to the natural water supply. When I was younger, I set a goal to canoe the ancient northern Maine and New Brunswick canoe trails of former times. I found an Indian who remembered many of them. Most of these waters were

We should be aware of the following problems of fracking: The end product of fracking is a methane gas that is 25% more potent than CO₂ as a greenhouse gas. Inevitable leaks to the atmosphere cancel any environmental advantages. Methane's global warming potential far exceeds that of carbon dioxide. The fracking process uses water mixed with chemicals. Typically, 2 to 8 million gallons of chemically treated water are required to frack a single well, water cannot be reused for another well. A well may be fracked eighteen times during its life time. Each additional fracking session increases the chances for chemicals to leak into the soil and air. The average fracking well is 8,000 feet deep almost 1 1/3 mile deep into the earth. Water for drinking lies at the 1,000 foot level. Drinking water can be easily contaminated from toxic chemicals during the 20 to 30 year fracking process.

(Continued on page 7)

Worship leaders through November 3

Sept. 1	9:00 Combined HE	Rev. Ted Kanellakis
	9:30 Family HE	Rev. Ellen Shaver
Sept. 8	9:00 Combined HE	Rev. Cn. Dick Hall
	9:30 Family HE	Rev. Ed Greene
Sept. 15	Three Services	
	8:00 HE	Rev. Ellen Shaver
	9:30 Family	Rev. Ellen Shaver
	10:30 HE	Rev. John Widdows
Sept. 22	Three Services (Iona)	Rev. Mary Ann Hoy
Sept. 29	Three Services	Rev. Mary Ann Hoy
Oct. 6	Three Services (St. Francis)	Rev. Mary Ann Hoy
Oct. 13	Three Services	Rev. Mary Ann Hoy
Oct. 20	Three Services	Rev. Mary Ann Hoy
Oct. 27	Three Services	Rev. Dick Hall
Nov. 3 (All Saints)	Three Services	Rev. Carolyn H. Eklund

Sunday
September 22
Our pilgrims share
a service
from Iona



“Season of Angels”

The angels keep their ancient places-

Turn but a stone and start a wing!

Those lines come from Francis Thompson's poem "The Kingdom of God," in which he describes how ordinary things are suffused with grace, how the Holy permeates everything. Jesus might just as well be walking on the local river as on the Sea of Galilee, he suggests -- and angels are everywhere!

At the end of this month, on September 29, is Michaelmas, also known as the Feast of St. Michael and All Angels. It's a day that can be a lot of fun to celebrate with children.

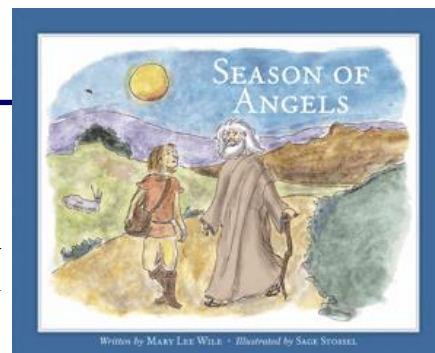
Season of Angels is written by St. Paul's own, Mary Lee Wile, and illustrated by her niece Sage Stossel. It is available for preorder from the publisher Forward Movement. (The publisher writes: "Season of Angels explores the wonder of

God's angels as protectors and messengers. Tobias makes a perilous journey to a faraway city on an important errand for his father. The angel Raphael joins Tobias and keeps him safe on his way.")

The story begins, "September is the season of angels....."

For more information check out Mary Lee's blog <http://familyfaithincyberspace.blogspot.com/>

Bread & Stories: Tending Family Faith in Cyberspace Musings about parenting, with seasonal suggestions for crafts and activities children and their parents can undertake, from a faith-based perspective.



(Continued from page 5)

Between 80% to 90% of the polluted water is sealed over with a concrete cap instead of being sent to a wastewater treatment plant for future use as our town water supply does. In 2011 27,000 new fracking wells were established in the US. Each well required an average of 5 millions gallons of water. Only 10%-20% of that water can be recovered as contaminated wastewater for reuse. The rest is sealed in the ground likely at some point to leak into the surrounding area.

The U.S. Energy Information web site stated that in the U.S. in 2011 there were 514,637 active wells consuming 72 trillion gallons of water and 350 billion gallons of

chemicals that are permanently locked into the ground. The concrete caps are noted for breaking down in a few years. The amount of gas produced from that amount of water was not provided. A drilling unit consists of only two pads requiring 359 acres of land, usually prime forest. Presently there are over 500,000 drilling sites each contaminating 350 acres that is not usable again. The contaminated water leaking into the water table will kill all wild life. Think of the millions of gallons of water no longer available to retain water levels for our daily needs. If fracking continues as recklessly as at its present rate, a gallon of drinking water, God's gift to man, could cost more than a gallon of gas.

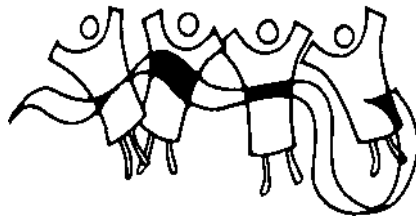
Nicholas Smith

Birthdays & Anniversaries

Happy Birthday

09/03 Steven Schuman
 09/04 Leslie Brancart
 09/04 Cedric Hipkins
 09/05 Lynn Ouellette
 09/05 Stanley Baker
 09/07 Lisa Dempsey
 09/09 Richard Brautigam
 09/10 Sue Baker
 09/10 John Labrecque
 09/11 Susan Blair
 09/11 Robert Walkling
 09/11 JessicaMartens
 09/12 Alfred Niese
 09/14 Donald Cheetham
 09/14 Thomas Chard
 09/14 Katy Chambers
 09/15 Mary Blake

09/15 Ryan Wilson
 09/16 Anne Sturm
 09/17 Nicholas Henshaw
 09/18 Patty Melander
 09/18 Bronda Niese
 09/18 Nancy Whitehouse
 09/19 Carrie Smith
 09/22 Jennifer Hayden
 09/23 Kathryn Saunders
 09/25 Charlotte Loveless
 09/26 Bonnie Studdiford



09/27 Sally Mull
 09/27 India Galbreath
 09/28 Sarah Clegg
 09/28 Aaron Wilson
 09/28 Luke Wilson
 09/28 Jonah Levy
 09/29 Michael Walker
Happy Anniversary
 09/03
 John & Susan Tyler
 09/09
 John & Nan McCurrach
 09/13
 Peter & Louise Colburn
 09/13
 Donald and Bonny Labonte
 09/29
 Nicholas & Edyth Smith

The Messenger is published monthly. With a combined July/August issue. It is emailed to the parish. Paper copies are available at the church for those who prefer them. It is also mailed to those who do not have email.

Please send submission for the October issue by the 20th of September. Articles may be emailed to stpauls@stpaulsmaine.org or placed in Susan Tyler's box in the office.

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CHURCH
SEPTEMBER 2013**

27 Pleasant St.
P.O. Box 195
Brunswick, Maine 04011
Phone: 207-725-5342
E-mail: stpauls@stpaulsmaine.org

The Ven. Mary Lee Wile, Archdeacon
The Rev. Chick Carroll, Deacon
Terry Leitzell, Senior Warden
Pat Ryan, Junior Warden
Robert Judd, Music Director
Emily Keniston, Christian Formation Director
Susan Tyler, Parish Administrator
Diane Inman, Administrative Assistant
Kimmy Edwards, Nursery Caregiver
Lois Kwantz, Children's Choir Director
Aubrey Farmer, Sexton

We're on the web

www.StPaulsMaine.org

And Facebook



Sunday School Open House

Sunday, September 15

- **Family Worship 9:30**
- **Church School 10:30-11:15**

Open to kids, parents, friends, family, grandparents.....

• **Picnic & Games**

All welcome! A time to reconnect with old friends and meet some new ones. Drinks, hamburgers, hotdogs provided, bring a dish to share.

