



A Note from the Rector

The Rev. Carolyn Eklund

Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal.

Words from Eucharistic Prayer C, *Book of Common Prayer* (BCP), p. 372

These are the words we said at the Table this summer as we prayed Eucharistic Prayer C. These words remind us that the Eucharist is given to us for relief of our souls as well as for strengthening our spirits. We participate in the grace of the Eucharist for the forgiveness of our sins and for the hope of a transformed life.

“Prayer C” as it is traditionally known was written by Howard E. Galley who was the General Editor of the 1979 *Book of Common Prayer*. In my seminary this prayer was commonly known as the “Star Wars” prayer because it referred to things like “galaxies and planets.” My favorite reference in this prayer is the term, “primal elements.” “From the primal elements you brought forth the human race...” I think it is humbling to say in a prayer of thanksgiving to God that we descended from “primal elements.” To me there is no better way to say that it was God who created me, and God did it out of elemental things!

In celebration of creation and the beauty of the State of Maine, in September and October, our Eucharistic Prayer at 10:30am Sunday worship will be this prayer. It calls upon us to remember our responsibility to honor God’s creation. This prayer is distinguished from others in that there is a lot of congregational response. I like that you and I have a kind of “call and response” rhythm when we say it.

Marion Hatchett in his *Commentary of the American Book of Common Prayer* reinforces this idea of honoring creation. “There is special emphasis on creation, more than in any of the other prayers...[It] reminds us of

Inside this issue:		the Old Testament drama of God’s continuing effort to draw His people back to Himself.” I think this is true when the prayer states, “Again and again you caused us to return.”
Summer Worship Survey Results	2	I have been reading the summer worship survey responses with great interest. Your feedback has been a great way for us to augment our conversations about worship. I thank the more than 67 people from the 8:00 a.m. and
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Note from the Rector (continued)

(Continued from page 1)

9:30am services this summer for your responses. They have been thoughtful and helpful. There was a fair amount of enthusiasm from your responses that traditional Rite II prayer book worship is more uplifting than the prayer from Rite I. At the altar this summer I felt the vitality and joy of your responses to Eucharistic Prayer C.

That's why for September and October our worship for 8:00am on Sunday will include the language of Prayer A, language drawn from the liturgy of Thomas Cranmer's 1549 Book of Common Prayer and made modern. Bishop Steve Lane has communicated to the parishes that he has approved wider latitude in variety of prayers for worship. Therefore, in keeping with the theme of Celebrating God's Creation in September and October, I'll be including the following preface written by the Episcopal Ecological Network and approved by General Convention:

*God, the source and destiny of
the cosmos, Author of creation:
In wisdom you brought forth all that is,
to participate in your divine being,
and to change, adapt, and grow in freedom.*

*You made holy the matter and
energy of the universe
that it may delight you and
give you praise.*

*We thank you for gathering all
Creation into your heart
by the energy of your Spirit,
and bringing it through death to
resurrection glory; through the One in
whom all things have their being, Jesus
Christ, our Lord.*

At the Family Eucharist, 9:30am Sunday, in September and October we'll have a special focus on Creation by using the readings and Collects for Creation, developed by the Episcopal Network for Ecology. Currently, our Family Eucharist Prayer centers on praising God for creation when we say, "We thank you for cats and dogs, little brothers, little sisters, rain, grass, sunshine..." And we're planning the St. Francis' Blessing of the Animals on Sunday, October 6 at 9:30am.

I've asked Susan Tyler to report the results from the summer worship surveys here along with some representative comments. Thanks for being so engaged in our worship. Thank you for continuing the conversation.

Let us "praise the Spirit in creation..." this Autumn in Maine!

Your friend in Christ,

Carolyn+

Summer Worship Survey Results

Captured from July 11-August 8

Question 2 Time you worshiped?

8:00 a.m.— 37

9:30 a.m.— 23

No response - 11

Question 3 Age?

Under 10 —2

11-18 —0

19-30 —0

31-50 —4

51-75 — 44

76 or over —16

(Continued on page 3)

Question 4 Worship Space?

61 total responses — rating score 9

8:00 a.m. — score 10

9:30 a.m. — score 6.8

- *Upstairs space invites informality, regardless whether the congregation is primarily children or adults. We certainly had enough seats -- looked like about 40 people in attendance. I felt much more comfortable in sport shirt than I would have in main body of the church.*
- *Having a high ceiling with diffused light coming in, contributes to a sense of being in a specially dedicated space.*
- *I prefer to attend worship service in the sanctuary, but prefer the 9:30 service.*
- *I love the renewed space. It's both welcoming and comforting.*

Question 5 Guests welcomed?

47 total responses — rating score 8.9

8:00 a.m. — 10

9:30 a.m. — 8.34

- *I came by myself. I felt welcome*
- *Carolyn does a super terrific job at this! Always.*
- *Didn't see anyone looking like deer caught in headlights. At coffee hour....much mingling and conversations going on. Everyone seemed delighted to see one another.*

Question 6 Order of service?

59 total responses — rating score 8.8

8:00 a.m. — score 9.4

9:30 a.m. score 8.6

- *It is appropriate for children as a children's worship time but I feel children should also experience our beautiful church if only for part of a service.*

- *8 AM is pretty straight forward, easy to follow. 9:30 was fine although having words for the hymns printed in the bulletin would have been very helpful.*

Question 7 Content?

59 responses — 8.4

8:00 a.m. — score 8.9

9:30 a.m. — score 7

- *It is joyful!! It can be inspiring on some level. I'm not sure it is stirring for me.*
- *90% of the time I come away with serious food for thought. I love the straight-forward, down to earth way of preaching that Carolyn provides. I will have to try a 9:30 service inside because I did find being outdoors a bit distracting - so much going on. But I can definitely see how young families and children feel good about being there*
- *all in all, despite the limitations of the space, I felt it was an uplifting and inspiring service*
- *Just what I needed to hear this week. I look forward to the sermons. Change is on one level difficult, but needed. On the other hand, I'm finding services both joyful and inspiring. Many thanks.*
- *OK, this is a service designed, intended and oriented exclusively for kids. Except, as noted above, kids were well under 20% of the congregation. I'm on the Worship Commission and had understood (erroneously, I guess) that this would be a "family" service (including adults), not just a "children's" service. The **words** of the service seem like a reasonable balance -- brief, easy to understand, but reasonably complete -- and we did share communion, but the presentation seemed lopsided*

Outreach News

Outreach Commission's fall plans: This fall we re-connect after a summer off from monthly meetings (generally the 2nd Tuesday of each month at 7 p.m. at St Paul's). This fall we will continue our active involvement in new projects and old...., the Saturday lunches at Mid Coast Hunger Prevention Program, the collaboration with the Earthcare and Frontline Commission on providing insulating window inserts for low income households, a new effort to accomplish two food drives annually, our Covenant with Habitat for Humanity 7 Rivers....and so much more. It is also the time of year when we review requests from organizations for our financial support and make decisions about where to allocate remaining proceeds from last year's Christmas fair. Please consider joining us as a new member by calling Phil Studwell at 729 8259.

Phil Studwell

Window Dressers For Energy Savings

For several years some members of St. Paul's Earth Care Commission have been studying a rather simple program that saves oil and helps to heat homes, In the spring Earth Care announced the Window Dressing Program. The program was started by the Midcoast Green Collaborative of Rockland, ME where it has become popular. More people have benefitted from it each year. The Frontline Committee and Outreach Commission have joined the Earth Care Commission this summer to bring the program to the people of St. Paul's. A number of St. Paul's parishioners expressed interest and completed forms stating the number of windows they would like to be dressed with the high-quality window inserts that reduce heat loss in homes. The estimated savings for single pane windows a year is \$202 for electric heat, \$135 for oil, and \$69 for wood heat. The savings for double pane windows is a bit less, but still worthwhile.

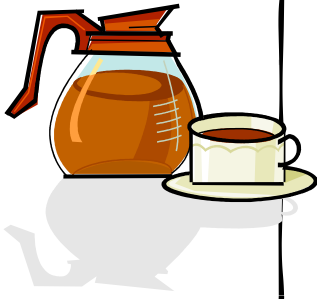
The teams of Phil Studwell and Patsy Oehl and that of Anne Banks have been carefully measuring the windows this summer for those who submitted forms. The measurements for each window are carefully

identified and sent to Midcoast Green Collaborative where materials are cut to the exacting measurements, taped together, and labeled to fit in its unique house and window. Interest in this program has been high. A total of 251 windows have been measured.

On October 5th all the parts bundled together separately for each of the 251 windows will arrive at St. Paul's. During the week a group of 50 volunteers will be needed to assemble the frames and wrap and tape the tough clear poly-olefin plastic to both sides of the newly assembled frame.

Please mark your calendars for the week of October 6 to join the volunteers assembling these light weight easy to install window inserts that will add to the comfort of many of St. Paul's people. Several other Brunswick churches are watching this program with interest with the possible intent of continuing the program as a community event for next year. For more information regarding this project contact Anne Banks at abtb100@yahoo.com If you wish more technical information about the windows, Google "Window Dressers of Rockland."

Nicholas Smith & Anne Banks



The Gathering Place, Brunswick's own drop-in day center for those in need, is in need of coffee donations. Please consider making any donation you can by dropping it off at 84b Union St, Brunswick between 9-3 M, T, Th or F (or during winter months at St Paul's on Wed) or calling 729 0288. The Gathering Place is a tax exempt 501(3)(c) organization.

Phil Studwell

St. Paul's is a prayerful parish!

Each week we include in our weekly prayers a prayer for those in the military, over a year Anderson has been one of those. This picture and information about him arrived in my inbox this week and I felt others might want to know a bit more about him.

Prayer requests come from many sources; we look to the Episcopal Peace Fellowship to include the names of those in the armed services who have died, and parishioners and clergy let us know of prayer needs for themselves or others. To have a name added to the prayer requests please contact the church office. The names will remain on the list for three months, unless otherwise notified.

St. Paul's has three small groups focusing on different prayers needs.

1, Intercessory Prayer Group To pray for the needs of the parish and individual members.
 Membership: Open; ability to be disciplined in prayer. Meetings: Weekly; Thursday 11-12 a.m.
 FMI: Anne Sturm 207-721-0841
 annecadysturm@gmail.com

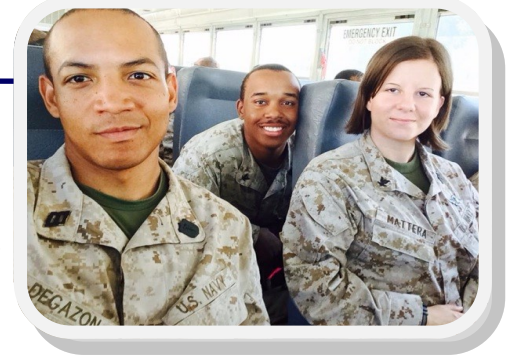
2, Telephone Prayer Chain To receive and accurately communicate the immediate prayer request of a parish member and to diligently pray about that need.

Membership: Open; ability to communicate effectively and be disciplined in prayer.
 FMI: Marge Follansbee 207-729-4858 dbfollansbee@gmail.com

3, Healing Prayer Team To provide anointing and prayers for healing with the laying-on-of-hands at the first and third Sunday services and to study the healing ministry of Jesus.

Membership: Nomination by a parish member; a period of discernment; training provided Meetings: Monthly; on designated Thursday 4 pm to 5:30 pm

FMI: The Rev. Cn. Dick Hall 207-373-1113 dickh@gwi.net
 Pam Nugent 207-737-2369 momperson458@roadrunner.com



"It occurred that St. Paul's has been so great about praying for "Anderson" every week, but he's just a name without a face, not that that really matters. In case you or anyone is wondering who he is, Anderson Degazon, originally from Trinidad (now a naturalized American citizen), is in the left foreground. He's a medic for the Navy, but has just finished his training to be a corpsman for the Marines (he's still technically Navy but the Marines don't have any medics of their own, so they invite some of the Navy personnel to get further training from them). If he gets sent to a war zone, he will be one of those guys who treat wounded Marines on the battlefield, a very dangerous job."

A St. Paul's parishioner

Susan Tyler

St. Paul's organizes a Community Story –telling event

Featuring Ashley Bryan

We are very excited about the upcoming story-telling event featuring the celebrated artist and creator of award-winning children's books, Ashley Bryan. This 91 year-old resident of Islesford, ME, a charismatic poet/speaker, also supports children's literacy and visits Kenyan schools yearly. With events still being finalized, this day will feature several presentations and workshops with the theme of ***the beauty and importance of telling our stories***. There will be African drumming performed, and for his contribution to Maine's African American history, on this day Mr. Bryan will be inducted into the Abyssinian Hall of Fame,

Steering committee:

St. Paul's members:

Jane Burke, Christian Formation Dir.
and James Ford Co-Chairs

Rev. Carolyn Eklund, spiritual mentor

Linda Ashe-Ford, Kate Egan, Rev. Mary Ann Hoy, Myrna Koonce, Pat Ryan, Senior Warden, Hugh Savage.

AND:

Dr. Richard Entel, artist, and collaborator on Ashley's most recent book

Katie Clark, children's author and Tri-County Literacy's Read with Me - Program Coordinator

Pamela Cummings, Director of Education, Abyssinnian Meeting House.

We welcome your involvement in planning, spreading the word, on site assistance on that day and most especially for your prayers for the Holy Spirit's direction and presence with us all on Oct. 4. Amen and Thank you!

Please contact janelovespopham@gmail.com

Jane Burke

St. Paul's

Community

Story-telling Day

Featuring
Ashley Bryan

Date:

Saturday, October 4

Christian Formation Important Fall Dates

September 6. 9:30 to 2:30. Retreat at Popham Beach. Contact Jane Burke for more information at janelovespopham@gmail.com.

September 14. 10:30. Great Hall.

Church School Brunch

All church school students, teachers, and parents/grandparents are invited to come share fellowship, experience a sample of Godly play story telling, and learn about what is happening in church school this fall. Jane Burke and Carolyn Eklund hosting.



September 21. First day of church school.

A Great Big Thank You

Each week during the year – except Advent and Lent – the Lay Pastoral Visitors retrieve the flowers from the church altar. We put them in smaller containers and take them to people who are members or friends of the church but are unable to be out-and-about for one reason or another. They always bring a smile to the recipient's face and the person delivering the flowers feels great joy.

As you can imagine this is a Team Effort. Parishioners bring in small coffee cans when they are finished with them. THE NEXT STEP is the THANK YOU. Last spring the young people in our church, both the Junior High group and the Senior High group took on the project of covering these cans to make them more attractive for holding the flowers.

As you can imagine the Lay Pastoral Visitors are delighted to have the attractive cans for flower delivery. HOWEVER, I wish everyone in the church could see the delight in the eyes of those who receive them. It is such a joy to see. Some of the cans are returned for a second use. Some are used in the person's



home/room for another purpose.

It is with great thanks to the young people in our church that the Lay Pastoral Visitors are able and proud to bring a touch of St. Paul's to many friends of St. Paul's who are not able to join us for church services.

**MANY, MANY THANKS TO THE
WHOLE TEAM**

Jean Mulligan

How We Give....

You are invited to mark your calendar now!

Friday, September 19th

Blessing & Buffet starts at 5:30 p.m.

Come when you can!

For a parish-wide

Fall Evening of Fun and Fellowship



*A pot luck dinner
and the gift of entertainment offered
by our own talented people*

*Sponsored by the
Annual Giving Committee
And Friends*

Bring

- *your favorite dessert, salad, vegetable or main course. (Please label ingredients)*
- *the whole family.*
- *your love of being together for fun and fellowship!!*

Look for sign up sheets on the bulletin board!

How We Serve...

A few weeks ago Carolyn taught us about the "spiritual gifts" found primarily in the New Testament. As defined by *The Oxford Dictionary of the Christian Church*, these are "supernatural graces which individual Christians need to fulfill the mission of the church". Knowing your gifts can help you decide where you can best serve God in the world. Discerning spiritual gifts is most easily accomplished by completing a Spiritual Gifts questionnaire. Several forms of this can be found on the Internet, in books in the church library or with the paper copy available in the church office. After asking someone who knows you well whether your findings seem valid, the next step is to search for the ministry where you can best employ your gifts.

How We Serve ... is a new booklet which has been developed to help you in this

process. It first defines 27 different spiritual gifts and gives their scriptural references. The remainder of the document lists more than 50 service opportunities in St. Paul's commissions, committees and ministries, giving membership requirements, meeting times and a contact person for more information.

A big "thank you" goes to the 36 parish members who contributed their time over the summer to produce this document.

Sally Jeanne Kappler

Electronic Giving - "I give electronically"

To those giving electronically, thanks. St. Paul's has a steady flow of income during the summer months when folks are often away on vacation, and the job of counting money is easier and faster. Many of you who are donating electronically have commented how easy it is - and there is no need to remember a check and envelope when rushing out the door for church. Some have asked for chits stating "I Give Electronically" to be placed in the collection plate on Sunday morning. In response, "I Give Electronically" chits that were in baskets at the entrances will also be in the pews. So, if you give electronically, please feel free to take a chit and put it into the collection plate for a blessing. Counters will see that the chits are

put aside for reuse. And, again, thanks for pledging electronically. It really is easy and it really does help.

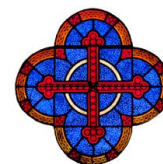
Paul Womer

St. Paul's
Episcopal Church

Brunswick, Maine

www.stpaulsmaine.org

207-725-5342



I give electronically.

For more information contact the church office.

Rejoicing Spirits

"Rejoice with us!. Rejoicing Spirits will hold its next service at 3 p.m. Friday, September 12th at Pathway Vineyard Church, 94 Pleasant Street, Brunswick. Filled with music, joyous singing and a brief, meaningful message, it's a great opportunity to share God's message of love with friends, family and those with developmental and intellectual disabilities. Come...and see why Rejoicing Spirits is becoming one of Brunswick's most vibrant new ministries. And, pass the word along to others who may also enjoy this opportunity.

FMI: Bob Judd, bob.judd@gmail.com or 619-4642.

Churches Working Together

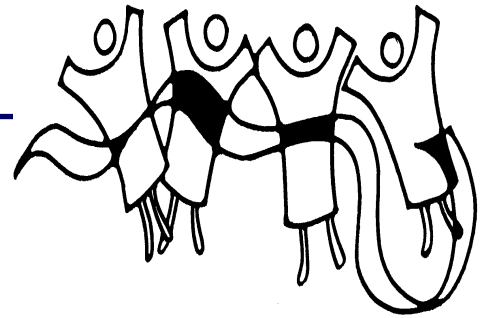
Second Friday Artwalks continue September 12

Artists, Musicians, Street Performers, and so much more! St. Paul's Great Hall is one of the of the pop-up venues for the first time this year, with multiple artists, including musicians. Several St. Paul's parishioners will have exhibits including Jane Knox, Tim Banks and Victor Fasekas, who will be signing copies of his new book *Files from the Bum's Academy* at Gulf for Maine Books.

The Brunswick Explorer will provide free "Hop-On, Hop-Off" service throughout the exhibit areas during each ArtWalk. The bus loop will run from Bowdoin College Museum of Art along Park Row, and Maine Street to Fort Andross, returning to Maine Street then to Gilman, Union and Pleasant (with a stop at St. Paul's) and back to Maine.

Susan Tyler

Birthdays and Anniversaries



Happy Birthday!

09/03 Steven Schuman
09/04 Leslie Brancart
09/04 Cedric Hipkins
09/05 Lynn Ouellette
09/07 Lisa Dempsey
09/09 Richard Brautigam
09/10 Sue Baker
09/11 Susan Blair
09/11 Robert Walkling
09/11 Jessica Martens
09/12 Alfred Niese
09/14 Donald Cheetham
09/14 Bill Edman
09/14 Cristle Judd
09/16 Anne Sturm
09/17 Nicholas Henshaw
09/18 Patty Melander
09/18 Bronda Niese
09/18 Nancy Whitehouse
09/19 Carrie Smith
09/22 Jennifer Hayden
09/23 Kathryn Saunders
09/25 Charlotte Loveless

09/26 Bonnie Studdiford
09/27 Sally Mull
09/28 Sarah Clegg
09/28 Jonah Levy
09/29 Michael Walker

Happy Anniversary!

09/03 Susan & John Tyler
09/13 Peter & Louise Colburn
09/13 Donald and Bonny Labonte
09/29 Nicholas & Edyth Smith

If we have missed your birthday or anniversary please let the office know so that we may update our files.

The Messenger is published monthly, excluding January and with a combined July/August issue. It is emailed to the parish. Paper copies are available at the church for those who prefer them. It is also mailed to those who do not have email. Please send submissions for the October issue by September 19th. Articles may be emailed to stpauls@stpaulsmaine.org or placed in Susan Tyler's box in the parish office.

**ST. PAUL'S EPISCOPAL
CHURCH
SEPTEMBER 2014**

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Phone: 207-725-5342
E-mail: stpauls@stpaulsmaine.org

The Rev. Carolyn Eklund, Rector
The Ven. Mary Lee Wile, Archdeacon
The Rev. Chick Carroll, Deacon
Pat Ryan, Senior Warden
Paul Womer, Junior Warden
Jane Burke, Christian Formation Director
Robert Judd, Music Director
Susan Tyler, Parish Administrator
Melanie Chicoria, Administrative Assistant
Kimmy Edwards, Nursery Caregiver
Lois Kwantz, Junior Choir Director
Aubrey Farmer, Sexton

We're on the web
www.StPaulsMaine.org
and Facebook

*St. Paul's regular Worship Schedule will resume
Sunday, September 7, 2014*

8 a.m. (traditional prayer book)

9:30 a.m. (Family Eucharist)

10:30 a.m. (Holy Eucharist with choir)

