

**St. Paul's, Brunswick**  
**Non Traditional Eucharist**  
**March 12, 2023      Third Sunday in Lent**

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*We acknowledge that we stand on territory that was taken from the Abenaki people of the Wabanaki Confederacy, the people of the Dawnland. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. May we learn from our past sins and be instruments of justice and peace for all people in today's world. We ask for inspiration that we might be compelled to take action and support our native siblings as they continue to seek their sovereignty here in Maine.*



**Opening Song: Create in me** (sung two times) *Art: pixabay.com*

Create in me a clean heart,  
O God, that I might serve you;

Create in me a clean heart,  
O God, that I might be  
renewed.

So fill me and heal me  
and bring me back to you.

Create in me a clean heart,  
O God, that I might serve you.



**Celebrant:** God is here!

**Response:** God is here!

**Celebrant:** Let us bless God!

**Response:** Let us bless God!

**Celebrant:** Glory to you, God, for ever!

**Response:** Glory to you, God, for ever!

**Celebrant:** God be with you.

**Response:** And also with you

**Celebrant:** Let us pray together.

**Collect** *from Common Prayer for Children and Families*

*Art: pixabay.com*

God of mercy and forgiveness, you made us to love you and your creation, and to love our neighbors as ourselves, but we fall into sin when we choose to do hurtful things; guide us through the forty days of Lent, to come closer to you with prayer, fasting, and giving. Amen.



**First Reading, Exodus 17:1-7** *from Common English Bible*

*Art: pixabay.com*

**Reader (Lector):** A reading from Exodus.

The whole Israelite community broke camp and set out from the Sin desert to continue their journey, as the Lord commanded. They set up their camp at Rephidim, but there was no water for the people to drink. The people argued with Moses and said, “Give us water to drink.” Moses said to them, “Why are you arguing with me? Why are you testing the Lord?” But the people were very thirsty for water there, and they complained to Moses,

“Why did you bring us out of Egypt to kill us, our children, and our livestock with thirst?”

So Moses cried out to the Lord, “What should I do with these people? They are getting ready to stone me.” The Lord said to Moses, “Go on ahead of

the people, and take some of Israel’s elders with you. Take in your hand the shepherd’s rod that you used to strike the Nile River, and go. I’ll be standing there in front of you on the rock at Horeb. Hit the rock.

Water will come out of it, and the people will be

able to drink.” Moses did so while Israel’s elders watched. He called the place Massah and Meribah, because the Israelites argued with and tested the Lord, asking, “Is the Lord really with us or not?”



**Song: Wade in the Water LEVAS II #143**

*Art: pixabay.com*

Wade in the Water,

Wade in the water children  
 Wade in the water,  
 God's a gonna trouble the water

See that host all dressed in white  
 God's a gonna trouble the water  
 The leader looks like the Israelites  
 God's a gonna trouble the water

Chorus

See that band all dressed in red  
 God's a gonna trouble the water  
 Looks like the band that Moses led  
 God's a gonna trouble the water

Chorus

**Gospel Reading, John 4:5-42** from *Whirl Story Bible Art*: [holyttextures.com](http://holyttextures.com)

Deacon: The Holy Gospel of our Lord Jesus Christ  
 according to John.

**People: Glory to you, Lord Christ.**

Jesus kicked dust from his sandals. He plopped down on the edge of a well in Samaria. A Samaritan woman lowered her bucket down, down, down into the well. Then she pulled it up, up, up, filled with water. She poured the water into a jar.

Jesus shielded his eyes from the hot sun. "Please give me a drink," he said to the woman. The woman jumped and gasped in surprise. Jewish people didn't talk to Samaritans! Jewish people didn't LIKE Samaritans. "Why would YOU ask ME for water?" she



asked. "I'm a Samaritan." "It's very hot, and I've walked a LONG way. I'm thirsty," Jesus replied.

Jesus touched the jar full of water. "This water is good for the body. But I can give you LIVING water. Water that will fill you up with God's LOVE! You will never be thirsty again."

"But you don't even have a bucket," the woman replied. "How are you going to get it?" "I AM the living water." Jesus

said. Jesus told the woman all he knew about her. He told her details she didn't expect a stranger to know.

"I don't understand how you know these things," she said. "But I do know the Messiah is coming." "That's me!" Jesus exclaimed. "I am the Messiah!" The woman's eyes grew wide with amazement. She raced to tell the people in her town. Running through the street, she shouted, "Come and see!" Many people followed the woman to meet Jesus.

Deacon: The Gospel of the Lord.

**People: Praise to you, Lord Christ.**

**Homily/ Sharing Time**



**Prayers** Let us pray for the life of the world...

For the things we are thankful for...  
 For our loved ones ...  
 For those who teach us...  
 For those who lead us...  
 For the sick and poor...  
 For ourselves...



### **Confession and Absolution**

*Is there anything you did that you are sorry for? Silently think about it in your mind.*

**Deacon:** Lord God, we are sorry for the times we have been unkind, Lord have mercy.

**ALL: Lord have mercy.**

**Deacon:** Lord God, we are sorry for the times we have forgotten you, Christ have mercy.

**ALL: Christ have mercy.**

**Deacon:** Lord God, we ask you to forgive us, Lord have mercy.

**ALL: Lord have mercy.**

### **Prayer For Forgiveness**

**Celebrant:** Holy God, have mercy upon you, forgive you all your sins, and bring you to eternal life.

**ALL: Amen.**

**Special Blessings/ Prayers** *(do you have a birthday/ anniversary/ something special you'd like us to pray for?)*

## **Peace**

Leader: The Peace of Christ be always with you!

**People: And also with you!**

## **Announcements**

**Offertory Music** *(the parade to bring up the elements while collection plate is passed)*

*Eucharistic Prayer written by The Rev. Carolyn H. Eklund*

## **Great Thanksgiving**

God be with you.

*And also with you.*

Lift up your hearts.

*We lift them up to the Lord.*

Let us give thanks to the Lord our God.

*It is right to give God thanks and praise.*

**Celebrant:** God, you are the Creator of the heavens and the earth. You have filled the world with the beauty of oceans and rivers; mountains, granite, apple trees and lupine; moose, deer, chickadees, cats, dogs and lobsters. Thank you for this earth "our island home." You sent Jesus your Son to be one of us. He died to redeem us and all Creation. Jesus rose from the dead to give us new life and make the world new. That's why we shout out our praise! We shout with the throngs of angels, archangels and with all the heavenly host. We shout our praise together:

**Holy, Holy, Holy LORD,**

**God of power and might.  
 Heaven and earth are full of your glory.  
 Hosanna in the highest.  
 Blessed is the one who comes in the name of  
 the Lord. Hosanna in the highest.**

We bring you bread and wine as our offering. Bless them with your Spirit to be the Body and Blood of Jesus. On the night of his last supper with his friends, Jesus took bread, gave thanks to God for it, broke it apart, shared it with his friends, and said, "Take, eat. This bread is my Body which is given for you. Do this to remember me."

After they finished supper, he took the cup of wine. Jesus gave thanks to God and said to his friends, "Drink this, all of you: This is my Blood which is poured out for you. It is poured out for all to save us from our sins. Drink this to remember me."

Therefore, we proclaim the mystery of faith:

**Christ has died! Christ is risen! Christ will come again!**

Gather us up by this bread and wine and make us the Body of Christ in God's church. Make us new people in Christ's Spirit. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

**AMEN!**

### **The Lord's Prayer**

**Our God in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

**Fraction** (*break bread*)



Be known to us Jesus in the breaking of the bread. We are the communion of Christ's Body.

**We share one bread together.**

**Invitation** Holy Food for Holy People.

**Administration of Sacrament** The body of Christ, the bread of life!

*Welcome to our digital congregation. We invite you to connect with Christ's communion by saying the following prayer.*

***A Prayer for Spiritual Communion***

*O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.*

**Thanksgiving (Post Communion Prayer)** – Loving God, we are grateful for the love that we share in this community and in Your Holy Food. Send us into the world to listen to our neighbors with hearts of love, and to share the Good News of Jesus. Amen.

**Blessing** *from Enriching our Worship 1*

Holy eternal Majesty,

Holy incarnate Word,

Holy abiding Spirit,

Bless you for evermore. Amen.

**Song: I'm Walking With My God Today** *Words and Music: Nick Page, 2007*

*Art: pexels.com*

I'm walking (I'm walking)

With my Father (with my Father)

I'm walking (I'm walking)

With my Mother (with my Mother)

I'm walking (I'm walking)

With the Spirit (with the Spirit)

I'm walking with my God today

(I'm walking with my God today)

**Dismissal**

Leader: Let us go forth in peace in the love of Jesus!

**People: Thanks be to God!**